

School of Health Science

Associate in Occupational Studies (AOS) in Massage Therapy (AOSMT)

This occupational associate degree program provides training for a student to become an advance massage therapist. The program will provide in-depth training in the human body system, physiology, pathology as well as various advance massage therapy techniques in both western and non-western massage therapy applications. Students will be exposed to extensive clinical studies of individual cases and be able to explain the theories of massage therapy and develop therapy plans tailoring to individual client's needs upon professional assessment of the clients.

The AOS Massage Therapy program will provide students with 80 quarter units or 875 hours of massage therapy skill training and require students to complete a minimum of 9 semester units or 13.5 quarter units of General Education course credits prior to graduation at a local community college or a school accredited by an accrediting body recognized by the US Department of Education. Students will be qualified to sit for massage therapy certification tests such as Massage and Bodywork Licensure Exam (MBLEx) and the Board Certification Exam for Therapeutic Massage and Bodywork administered by National Certification Board for Therapeutic Massage and Bodywork (NCBTMB). Students may complete the program in seven quarters on a full-time study basis.

Upon completion of the courses, a student will be prepared to enter the massage therapist job market in the fields of, but not limited to, the following areas: chiropractic, physical therapy, orthopedic rehabilitation clinics, health spas, hotels, beauty salons, medical, private practice/free lancing, sports medicine, or education and ready for advance studies in massage therapy or other healthcare programs. Students may also qualify for state licensure or certification as defined by local state regulations.

Admission Requirements:

Students desiring admission to the AOS degree in Massage Therapy option must meet the following requirements:

1. Completed their high school education or G.E.D. with a minimum G.P.A. of 2.0 or better.
2. Completed a minimum of 13.5 quarter units or 9 semester units of General Education at a local community college or a school accredited by an accrediting body recognized by the U.S. Department of Education or concurrently completing the required General Education courses while enrolling in the AOSMT program at Kingston University. The G.E. courses should cover at least one course in the following categories, English and Communication, Humanities and Social Science and completed with a minimum grade of C each.
3. Proof of at least 18 years old

International Student Admission Requirements:

Unless a graduate from a US high school or foreign equivalent where English was the language of instruction evidenced by an official transcript, or a student having taken at least 1 years of postsecondary education where English was the language of instruction evidenced by an official transcript, an applicant whose native language is not English must satisfy English proficiency requirement for admission to the AOSMT program by scoring a TOEFL test with at least 450 PBT, 133 CBT or 45 iBT; a TOEIC of at least 480 or a IELTS of 4.



Graduation Requirements:

To receive the Associate in Occupational Studies degree with Massage Therapy option, students must meet the following academic requirements:

- completed a minimum of 13.5 quarter units or 9 semester units of General Education at a local community college or a school accredited by an accrediting body recognized by the U.S. Department of Education.
- completed 80 quarter units in AOS Massage Therapy courses and pass performance evaluations
- submit a valid CPR and First Aid certificate issued by the American Heart Association or American Red Cross.
- maintained a minimum G.P.A. of 2.0 or better

AOSMT Curriculum

The AOSMT curriculum includes 77 quarter units in Massage Therapy concentration courses as listed below.

| Course No | Course Title | Contact Clock Hour | | | Quarter Unit |
|--------------|---|--------------------|-------------------|------------|--------------|
| | | Lecture | Lab/ Practical | Total | |
| BS1111 | Human Biology | 30 | 0 | 30 | 3.0 |
| BS1171 | Topographic Anatomy | 20 | 0 | 20 | 2.0 |
| BS2181 | Anatomy and Physiology I | 30 | 0 | 30 | 3.0 |
| BS2182 | Anatomy and Physiology II | 30 | 0 | 30 | 3.0 |
| BS2183 | Anatomy and Physiology III | 30 | 0 | 30 | 3.0 |
| CS1511 | Western Medical Terminology | 20 | 0 | 20 | 2.0 |
| MT1000 | Introduction to Massage Therapy | 25 | 5 | 30 | 2.0 |
| MT1300 | Massage Profession and Ethics | 20 | 0 | 20 | 2.0 |
| MT2010 | Pathology | 40 | 0 | 40 | 4.0 |
| MT2020 | Assessment for Bodywork | 20 | 0 | 20 | 2.0 |
| MT2030 | Myology and Kinesiology for Healthcare Professionals | 40 | 0 | 40 | 4.0 |
| MT1110 | Swedish Massage | 35 | 35 | 70 | 5.5 |
| MT1120 | Chair Massage | 20 | 0 | 20 | 2.0 |
| MT1140 | Reflexology | 20 | 0 | 20 | 2.0 |
| MT1180 | Aromatherapy and Application | 15 | 0 | 15 | 1.5 |
| MT2130 | Sports Massage | 40 | 20 | 60 | 5.0 |
| MT2150 | Deep Tissue Massage and Applications | 35 | 35 | 70 | 5.5 |
| MT2160 | Lymph Drainage | 30 | 0 | 30 | 3.0 |
| MT2300 | Business Management for Massage Therapy Professionals | 30 | 0 | 30 | 3.0 |
| MT2230 | Massage for Sports Injury | 40 | 0 | 40 | 4.0 |
| MT2210 | Pre-Natal Massage and Baby Massage | 40 | 0 | 40 | 4.0 |
| MT1222 | Energy Work for Massage Therapist | 20 | 0 | 20 | 2.0 |
| MT2280 | Chakra and Hot Stone Massage | 30 | 0 | 30 | 3.0 |
| MT2550 | Integrated Therapeutic Massage and Self-Care | 0 | 70 | 70 | 3.5 |
| AC1211 | Acupuncture Meridian Theories | 20 | 0 | 20 | 2.0 |
| AC1241 | Acupressure and Tuina Therapy | 30 | 0 | 40 | 3.0 |
| TOTAL | | 715 | 160 | 875 | 80.0 |

Please read the "Notice to Prospective Degree Program Students" on next page.



“NOTICE TO PROSPECTIVE DEGREE PROGRAM STUDENTS

This institution is approved by the Bureau for Private Postsecondary Education to offer degree programs. To continue to offer degree programs, this institution must meet the following requirements:

- Become institutionally accredited by an accrediting agency recognized by the United States Department of Education, with the scope of the accreditation covering at least one degree program.

If this institution stops pursuing accreditation, it must:

- Stop all enrollment in its degree programs, and
- Provide a teach-out to finish the educational program or provide a refund.

An institution that fails to comply with accreditation requirements by the required dates shall have its approval to offer degree programs automatically suspended.

California Education Code (CEC) §94897(p) requires Kingston University to disclose to prospective students prior to enrollment that Kingston University and its degree and certificate programs are unaccredited, and any known limitations of the degree, including all of the following:

1. A graduate of the degree program may be ineligible to sit for applicable licensure exam in California and other states.
2. A degree program that is unaccredited or a degree from an unaccredited institution is not recognized for some employment positions, including, but not limited to, positions with the State of California.
3. A student enrolled in an unaccredited institution is not eligible for federal financial aid programs. Kingston University does not currently participate in any federal financial assistance programs. The University does not provide financial aid to students.”