

Massage Therapy Certificate Programs

Kingston University offers Massage Technician 600-Hour program which prepares students with knowledge and skills to become competent massage therapy professionals in the field.

Upon successful completion of a program, students will become certified massage therapists and ready to begin their professional career in therapeutic massage in broad settings such as chiropractic, physical therapy, orthopedic rehabilitation clinics, health spas, luxurious hotel, resort and cruise, beauty salons, or as a private practitioner or teacher.



Program Requirement

1. Complete all course and training hour required for the Massage Technician programs (please refer to the current University Catalog for course detail information)
2. Performance Evaluation Requirements
Students must satisfactorily PASS the following requirements:
 - (i) All writing tests as required by the instructors
 - (ii) Performance tests to demonstrate competency in each massage skill module training
 - (iii) All other assignments and tests as required by the instructors

State Licensure Requirement

Students should note the minimum training hours and program content required by each states for licensure. A new California Massage Law, the Massage Therapy Act (Assembly Bill 1147), has been approved in September 2014 and codified at California Business and Professions Code section 460, 4600-4621 and Government Code section 51034. According to the Act, effective January 1, 2015, the California Massage Therapy Council will only accept Certified Massage Therapist (CMT) applicants who complete a minimum of 500 hours of training from a CAMTC approved school. Kingston University is provisionally approved by CAMTC in 2019 with a School Number SCH0117.

Attendance and /or graduation from a California Massage Therapy Council approved school does not guarantee certification by CAMTC. Applicants for certification shall meet all requirements as listed in California Business and Professions Code sections 4600 et.seq.

Students may visit the official website of CAMTC at www.camtc.org for detail of certification requirements and/or obtain a full text of the Massage Therapy Act.

Kingston University is an Assigned School (Code: 490019-05) by the National Certification Board for Therapeutic Massage and Bodyworks (NCBTMB). Graduates of the Massage Technician 600-hour Training Program will be eligible to sit for the Certification Exam. Further information can be obtained by contacting NCBTMB listed at www.ncbtmb.org.

Admission Requirements

Students desiring admission to the massage therapy programs must meet the following requirements:

1. Having completed high school or education equivalent to postsecondary level or above.
2. Applicants must be 18 years of age or older.
3. Submission of an application and a non-refundable application fee.

International Student Requirements

Unless a graduate from a US high school or foreign equivalent where English was the language of instruction evidenced by an official transcript, or a student having taken at least 1 years of education in a college program where English was the language of instruction evidenced by an official transcript, an applicant whose native language is not English must satisfy English proficiency requirement for admission to the program by scoring a TOEFL test with at least 380 PBT, 83 CBT or 26 iBT; a TOEIC of at least 360 or a IELTS of 2 – 2.5.

Graduation Requirements

To receive the Certificate of Completion for Massage Technician 600-hours of training, students must meet the following academic requirements:

- Successfully completed 600 hours of Massage Therapy training courses and pass performance evaluations
- Submit a valid CPR and First Aid certificate issued by the American Heart Association or American Red Cross.
- Fulfill all financial obligation

Curriculum Requirements

The Massage Technician 600-hour Program curriculum includes the following courses:

Course No.	Course Title	Contact Clock Hours		
		Lecture	Lab/ Practical	Total
MT1000	Introduction to Massage Therapy	30		30
MT1300	Massage Profession and Ethics	20		20
MT2000	Human Body System, Anatomy, Physiology and Kinesiology	135		135
MT2010	Pathology	40		40
MT2020	Assessment for Bodywork	20		20
MT1110	Swedish Massage	35	35	70
MT1120	Chair Massage	20		20
MT1140	Reflexology	20		20
MT1180	Aromatherapy and Application	15		15
MT2130	Sports Massage	40	20	60
MT2150	Deep Tissue Massage and Applications	35	35	70
MT2160	Lymph Drainage	30	0	30
AC1211	Acupuncture Meridian Theories	20	0	20
MT2500	Massage Practicum	0	50	50
	Total	460	140	600